

Class Act theatre INCORPORATED **ABN: 31 568 377 909**

P.O. Box 1053

WILLAGEE CENTRAL WA 6156

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'BULLY BUSTERS'

Teachers' Notes

Writer: Angelique Malcolm
Music: SCOOPFX
Director: Bianka Demets
Actors: Lisa Maree Mitchell , Kate Buchanan, Josh Knight.

Sydney Contact: **BIANKA DEMETS ph: 0420 283 804**

(The actors will arrive a half hour before the show & require 3 student desks & chairs and access to power)



DISCUSSION POINTS

- (1) **What are the differences between Jake 'the Ape' and Sally Simper as bullies?**
- (2) **How can we understand bullying without being really bullied?**
Try *rôle playing* to act out bullying situations, and let each person play both a victim and a bully. Some scenarios could be:
 - (a) Bully calling victim names;
 - (b) Bully excluding victim from game;
 - (c) Bully sexually harassing victim.
 - (d) SMS (text messaging), email or chatroom bullying.
- (3) **What is the difference between physical and verbal bullying? Can verbal bullying be just as painful as physical?**
- (4) **Think up examples of how you judge other people, and put yourselves in their situation.**
- (5) **Would class members feel comfortable about 'dobbing'? Why/why not?**
- (6) **'Peer pressure influences teenagers' behaviour more than anything else.'**
Discuss.
- (7) **Think of how many ways media advertising can encourage bullying.**

- (8) **'We pick on other people because we are hurt and angry inside.'**
Discuss.
- (9) **'I feel that I'm hassled all the time at home, but there's no way I can talk about it with my parents.'**
Does anyone in the class feel like this? Discuss the importance (and perceived difficulties) of communication within and outside of the family.
- (10) **Discuss positive ways of relieving anger and frustration.**
E.g. discussion; physical activities; hobbies.
- (11) **Do you want your school to be a *Bully Free Zone*?**
What are some of the options? Perhaps group sessions could be set up where bullies and victims can settle their disputes in the open. Perhaps rôle playing can be used so that pupils can get more idea about other points of view.

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Any other ideas?

Class Act is always looking for suggestions to make their shows better and more effective. Please fill out and return the feedback sheet provided at the show, or ring Angelique Malcolm on (08) 9337 2060 or (mobile) 0411 122 064. Fax: (08) 9337 1945.